

The Influence of Femoral Lytic Tumors Segmentation on Autonomous Finite Element Analysis

Oren Rachmil[†], Kent Myers^{*}, Omri Merose[‡], Amir Sternheim^{‡,‡}, and Zohar
Yosibash[†]

[†]Computational Mechanics & Experimental Biomechanics Lab, School of Mechanical Engineering, The
Iby and Aladar Fleischman Faculty of Engineering, Tel-Aviv University, Ramat Aviv, 69978, Israel

^{*}PerSimiO, Beer-Sheva, Israel

[‡]Faculty of Medicine, Tel Aviv University, Ramat Aviv, 69978, Israel

[‡]Dept. of Orthopedic Oncology, Tel-Aviv Sourasky Medical Center, Tel-Aviv, Israel

January 25, 2024

Abstract contains 260 words,

Manuscript excluding abstract, tables, figure, bibliography and appendix contains: 3992 words.

Corresponding Author: Prof. Zohar Yosibash, Head - Computational Mechanics and Experimental
Biomechanics lab, School of Mechanical Eng, Faculty of Engineering, Tel Aviv University, Israel,
yosibash@tauex.tau.ac.il

Abstract

Background: The validated CT-based autonomous finite element system *Simfini* [1] is used in clinical practice to assist orthopedic oncologists in determining the risk of pathological femoral fractures due to metastatic tumors. The finite element models are created automatically from CT-scans, assigning to lytic tumors a relatively low stiffness as if these were a low-density bone tissue because the tumors could not be automatically identified.

Methods: The newly developed automatic deep learning algorithm which segments lytic tumors in femurs, presented in [2], was integrated into *Simfini*. Finite element models of twenty femurs from ten CT-scans of patients with femoral lytic tumors were analyzed three times using: the original methodology without tumor segmentation, manual segmentation of the lytic tumors, and the new automatic segmentation deep learning algorithm to identify lytic tumors. **The influence of explicitly incorporating tumors in the autonomous finite element analysis on computed principal strains is quantified.** These serve as an indicator of femoral fracture and are therefore of clinical significance.

Findings: Autonomous finite element models with segmented lytic tumors had generally larger strains in regions affected by the tumor. The deep learning and manual segmentation of tumors resulted in similar average principal strains in 19 regions out of the 23 regions within 15 femurs with lytic tumors. A high dice similarity score of the automatic deep learning tumor segmentation did not necessarily correspond to minor differences compared to manual segmentation.

Interpretation: Automatic tumor segmentation by deep learning allows their incorporation into an autonomous finite element system, resulting generally in elevated averaged principal strains that may better predict pathological femoral fractures.

1 Introduction

1 A CT-based autonomous finite element (FE) system named Simfini was developed to compute
2 the strains in femurs with tumors [1]. Simfini is used in clinical practice to assist orthopedic oncol-
3 ogists in determining the risk of pathological femoral fractures due to the presence of metastatic
4 tumors [3, 4]. The FE model, created automatically by analyzing the CT-scan images, does not
5 properly incorporate the material properties of lytic tumors because these could not be automat-
6 ically identified. The proper treatment of these lytic tumors in the FE model and their influence
7 on the FE results is addressed herein following the introduction of a deep learning (DL) algorithm
8 which automatically segments lytic tumors in femurs from computed tomography (CT) scans, pre-
9 sented in the first part of our study. Specifically, **the aim is to** evaluate how different are the FE
10 result in three different scenarios: the current implementation, incorporating lytic tumors in the
11 FE model as identified by a manual segmentation, and incorporating the tumors automatically
12 using the DL algorithm.

14 Several previous studies have employed FE models to assess the loads that may cause a patho-
15 logical fracture in patients with metastatic bone disease. Keyak et. al [5, 6] established a complete
16 workflow to construct FE models from quantitative computed tomography (QCT) images. Bone
17 densities from QCT images were constructed having mechanical properties with no special treat-
18 ment to tumors. Their FE models for the femoral shaft and upper femur matched the breaking
19 point and peak force measured in human bone tests with a correlation coefficients $R^2 = 0.88 - 0.95$.
20 These methods are lengthy, demand substantial FE expertise and cannot be applied in routine
21 clinical practice. Also, the tumor locations are neglected in the models, introducing potential
22 inaccuracies in the vicinity of the tumors.

23 Benca et. al [7] employed voxel-based meshing, optimizing automation and robustness against
24 mesh distortion. Yet, their nonlinear, voxel-based model underestimated the fracture load by half.

25 Validating the efficacy of FE models, Goodheart et. al [8] analyzed CT scans of patients with
26 femoral metastases. Their FE models, simulating walking conditions, showed comparable accuracy
27 to Mirels’ score in identifying fracture patients (sensitivity 80%), with superior specificity (86%
28 vs. 43%). However, the specific tumor voxels were not segmented nor were treated as a different
29 tissue than bone. Moreover, the process introduced is not automatic and cannot be performed by
30 a non-FE expert thus cannot be considered as a clinical tool.

31 In [1] Yosibash et. al introduced a novel approach of autonomous finite element (AFE) anal-
32 ysis for femurs named Simfini. Simfini was tailored for use by clinicians as a decision-support
33 system. It evaluates the fracture risk in patients with femoral tumors to assess the need for pro-
34 phylactic surgery, and was validated by two retrospective clinical analyses [3, 4]. The automated
35 workflow involves: segmentation of both femurs from CT scans using a U-Net network [9], a mesh
36 generator, application of boundary conditions based on anatomical points, and an automated FE
37 post-processor that creates a report for the clinician providing a clear assessment of bone fracture
38 risk. The different components of the AFE are presented in Figure 1. However, Simfini follows the
39 ideas presented by Keyak and collaborators and does not identify the lytic tumors, but assigns to
40 the voxels with low Hounsfield Units (HU) a reduced Young’s modulus as if these were soft bone
41 tissues.

42 [Figure 1 about here.]

43 **The objective is to quantify the influence of explicitly incorporating lytic tumors into the finite**
44 **element (FE) model of femurs on principal strains.** These serve as an indicator of femoral fracture
45 and are therefore of clinical significance. The new approach is different compared to the prevailing
46 methodology that derives the Young’s modulus from CT’s HU for tumor voxels, a strategy rooted
47 in [10], suggesting that metastatic lesions minimally affect QCT’s estimation of trabecular bone
48 mechanical properties. **In addition, the difference in computed principal strains when tumors**
49 **are segmented manually or automatically by a DL algorithm (with adjusted Young’s modulus for**
50 **tumor-identified voxels) is quantified.**

51 2 Methods

52 Ten lower abdominal CT scans of patients with femoral tumors are considered herein. These
53 patients were randomly selected as the test case in [2] out of the fifty patients’ CT scans ran-
54 domly collected at Tel-Aviv Sourasky Medical Center (TASMC) after receiving approval from the
55 institutional review boards (Helsinki committee approval number TLV-17-0532). Full details of
56 these patients (Prosp7060, Prosp5060, Prosp1120, Prosp1190, Prosp7020, ProspD100, Prosp1140,
57 Prosp5010, ProspB10, Prosp5050) are given in the Appendix of [2]. The 20 femurs in these scans
58 served as the basis of our investigation. Tumors were present in 15 femurs at one or several
59 locations.

60 2.1 Incorporating Tumors into the AFE Analysis

61 Femurs were segmented from the CT scans in Simfini by a U-Net architecture [9] with a DSC
62 above 0.99 [11], resulting in two 3D masks that accurately represent both femurs. Subsequently,

63 the inhomogeneous mechanical properties of each voxel in this 3D mask were estimated. Although
64 bone tissue is anisotropic, under a stance load condition the longitudinal Young’s modulus is the
65 dominant material property [12, 13, 14]. It was defined according to the HUs in the CT scans,
66 validated in [15].

67 The coordinates and Young’s modulus for each voxel were compiled into a text file in which each
68 row corresponds to a point in the 3D mask of the femur, containing four columns, the coordinates
69 (x, y, z), and the corresponding Young’s modulus. The file has approximately 500,000 rows, each
70 representing a voxel in the femur’s 3D mask. Importantly, the physical coordinates were listed in
71 the single-femur-coordinate-system (not the same coordinate system as in the CT scan).

72 The text file was then converted into a NIFTI¹-format. Tumors were segmented using the
73 generated NIFTI file either manually or automatically by the DL algorithm described in the first
74 part [2]. A binary mask was generated with all voxels with 1 assigned to tumor voxels and 0
75 otherwise. The corresponding tumor voxels in the material properties file ”materialproperties.txt”
76 were identified by comparing the coordinates from the binary mask with those in the material
77 properties file. Then a reduced Young’s modulus was assigned to these tumor voxels. A value of
78 3.66 ± 1.6 kPa was suggested for the femoral lytic tumors [16]. Given that tumors are substantially
79 weaker than bone tissue, the strains within the tumor region are considerably larger. These strains,
80 however, are irrelevant as our focus was on the strains within the bone tissue. Also, incorporating
81 such low values may cause an ill-conditioned stiffness matrix. Hence, various different values for
82 the tumor Young’s modulus such as 1, 50, 100 kPa have been tested to evaluate their impact on
83 the AFE. The goal was to accurately represent the contrast in tissue properties between tumors
84 and bone while circumventing an ill-conditioned stiffness matrix.

85 2.2 Automated FE Analysis

86 A curved high-order finite element mesh was automatically generated [1]. This automated mesh
87 generator also refines the mesh in regions of interest. Generally, a complete femur can be efficiently
88 represented using roughly 4000-6000 high-order tetrahedral elements. The inclusion of tumor data
89 presents a numerical challenge, as the tumor boundary may reside in one element, causing a sharp
90 change in material properties within an element, leading to potential numerical errors. To mitigate
91 these risks, mesh was refined close to the tumor . The entire process, ranging from the acquisition
92 of the CT scan data to the creation of a mesh with refinements at tumor regions is illustrated in
93 Figure 2.

94 [Figure 2 about here.]

95 A stance position load of magnitude equivalent to 2.5 times the body weight was applied, based
96 on a statistical analysis of measured hip contact forces [17]. This data provides realistic peak hip
97 contact forces for various daily activities, such as free walking and climbing stairs. The load was
98 applied to the femoral head along a vector that connects the center of the femoral head to the
99 estimated intercondylar notch, effectively emulating a stance position [1]. These anatomical points
100 were determined for each individual femur, which influenced the location at which force was applied

¹NIFTI (Neuroimaging Informatics Technology Initiative) is a file format commonly used in neuroimaging to store and exchange neuroimaging data. The format is supported by various software tools and libraries in the field.

101 on the surface of the femoral head. The distal part of the femur, defined by the proximal slice of
102 the patella, was fully clamped.

103 Following the implementation of boundary conditions, the solution of the global system of
104 equations was obtained using the Pardiso solver². To verify the numerical error, an estimation of
105 the error in energy norm was computed. The p-FE mesh remained unchanged, while the polynomial
106 degree was increased in a hierarchical manner. A sequence of solutions, ranging from $p = 6$ to 8,
107 was employed to determine the relative error in the energy norm. An estimated relative error less
108 than 5% was considered sufficiently accurate for the subsequent post-processing phase. If a 5%
109 relative error in energy norm at $p = 8$ was not reached, a more refined mesh was applied and the
110 p-extension process was re-initiated.

111 In the post-processing phase, the principal strains were computed on the face of each element
112 on the bone’s surface, except within the tumor regions (Simfini has been updated to exclude tu-
113 mor areas from strain calculations). The femur was partitioned into five anatomical regions: the
114 neck, trochanter, proximal shaft, middle shaft, and distal shaft. Within each region, the maxi-
115 mum/minimum average principal strain within a circular region having a 5 mm radius, centered
116 at this point, was computed. These values served as the criterion for estimating the fracture risk
117 for each region [1].

118 **The effect of the Young’s modulus (E) assigned to tumor voxels was initially investigated. Pa-**
119 **tient Prosp1120 from the test cohort was selected as a representative example.** Prosp1120 exhibited
120 a significant deterioration in the cortical structure of the middle shaft of the right femur. The
121 tumor’s boundaries in this specific case permit precise segmentation. Furthermore, Prosp 1120’s
122 left femur, which is free of tumors, served as a control for this study. It allowed us to make a direct
123 comparison of average mean principal strains to a tumor-free femur.

124 To assess the influence of incorporating the tumors into the FE model, a comparative analysis
125 was performed on the CT scans of the ten patients (20 femurs). **The mean principal strain in**
126 **each region of both the right and left femurs was compared for the selected ten-patient dataset,**
127 **considering scenarios with and without tumor presence. This comparison involved automatic**
128 **tumor segmentations by DL and by manual segmentations. A comparison of the three strategies**
129 **(no tumors, DL-identified, and manually identified tumors) was performed.**

130 3 Results

131 3.1 Tumors Young’s Modulus Influence on the FE Results

132 Figure 3 shows the right femur of Prosp 1120’s alongside the corresponding automatically
133 generated mesh, highlighting the region of the bone affected by the tumor

134 [Figure 3 about here.]

135 **The Young’s modulus E assigned to the tumor was adjusted to four values :** 100 MPa, 50 MPa,
136 1 MPa, and finally 0.003 MPa, according to [16]. The tumor segmentation was performed manually
137 and FE solutions from polynomial degree $p=6$ to $p=8$ were obtained to assess convergence. As

²<https://pardiso-project.org>

138 expected, varying tumors' E affected the strains in the middle shaft of the right femur, where the
139 tumor was present. In the other regions of the femur the strains remained unchanged. Table 1
140 presents the average maximum principal strains in the middle shaft for differing E .

141 [Table 1 about here.]

142 Table 1 demonstrates a pattern where, as E decreases from 100 MPa to 0.003 MPa there is a
143 minor change in the average maximum principal strains. The maximum change between $E = 100$
144 and $E = 0.003$ was less than 2% for ϵ_1 and less than 3% for ϵ_3 . Furthermore, convergence is
145 observed. The change between p-levels $p = 6$ to $p = 8$ for each E was within 1%. These results
146 suggest that the influence of the mechanical properties of tumor voxels on the computed maximum
147 principal strains is relatively modest. Thus choosing E of 100 MPa for tumors may well represent
148 the mechanical properties of the tumor and avoid an ill-conditioned stiffness matrix.

149 3.2 Verification of FE Results

150 To ensure the convergence of the FE results, manual segmentation for annotating the tumors
151 was used, the tumors were "inserted" in the FE models of the twenty femurs, and $E = 100MPa$
152 was assigned to the tumor's voxels. A p-extension was performed increasing p from 6 to 8 and the
153 error in energy norm was monitored so as to decrease below 5% at $p = 8$. The values of ϵ_1 and
154 ϵ_3 and the number of degrees of freedom (DOF) are presented in Appendix B in Tables 4 and 5
155 respectively as the p level is increased.

156 In several femurs, an especially dense mesh resulted in DOFs surpassing 5 million. This was
157 notably observed in the case of Prosp7020, which had a substantial tumor volume as depicted in
158 Appendix B in Figure 8. This led to a dense mesh encompassing a significant portion of the femur,
159 thereby increasing computational time.

160 In most of the regions of interest, the percent difference between the results at $p = 6$ and
161 $p = 7$ is less than 5% suggesting that $p = 6$ provides results of sufficient accuracy. There are
162 few exceptions such as the Middle Shaft of the right femur of Prosp7020 which has a difference
163 of -16.9% in ϵ_1 between $p = 6$ to $p = 7$, however the value does not change when increasing the
164 p-level to $p = 8$ (0% difference). Similarly, at the distal shaft a significant difference is between
165 $p = 7$ to $p = 8$ (35.3%) indicating a lack of convergence at this region. Also the Distal Shaft in
166 the left femur of ProspD100 shows a difference of 18.8% from $p = 6$ to $p = 7$ but the difference
167 decreases to -0.6% for ϵ_1 and 0.9% for ϵ_3 .

168 3.3 Assessing the Impact of Tumor Segmentation on AFE Analysis

169 Each of the ten patients' CT scans underwent two AFE pipelines: one using the traditional
170 method [1] while the other integrated the manual tumor segmentation. The tumors were assigned
171 a Young's modulus of 100 MPa for this analysis. The tumor manual segmentation was used for an
172 accurate comparison between the tumor-inclusive and tumor-exclusive analysis (these serve also
173 as a benchmark for DL segmentation as will be shown).

174 A comparison of the average maximum/minimum principal strains reported by the AFE post-
175 processing stage was conducted. These serve as Simfini's fracture risk assessments [1]. Table 2

176 presents the average maximum principal strains within each tumor-affected femur region and the
177 total volume of tumors within these regions for the patient cohort. In Table 2, only regions affected
178 by tumors are reported, as no variations in strains were observed in tumor-free regions.

179 [Table 2 about here.]

180 Incorporating the lytic tumors in the FE models resulted in larger absolute values for both ϵ_1
181 and ϵ_3 , though the extent of this increase varied among patients and femoral regions. In particular,
182 a notable increase in strain values in the distal shaft region of patient Prosp7020 R was observed,
183 with ϵ_1 and ϵ_3 rising by 74% and 52% respectively. Conversely, in some regions like the proximal
184 and middle shaft for patient ProspB10 L, and the trochanter region for patient Prosp7020 L, no
185 change in strain values was observed. There does not seem to be a connection between the volume
186 of the tumor and its impact on the calculated principal strains. For example, in the Prosp7020
187 Right femur a relatively small tumor in the trochanter region of 12.4 cm^3 resulted in an increase
188 in ϵ_1 by 59%. On the other hand, in the Prosp7060 Left femur a relatively large tumor in the
189 proximal shaft of 71.8 cm^3 resulted in a minor increase in ϵ_1 by 4%.

190 In Fig. 4, histograms for the maximum and minimum average principal strains are presented
191 emphasizing the effect of manual tumor segmentation. Each bar quantifies the number of cases
192 within a specific range of difference compared to traditional FE models.

193 [Figure 4 about here.]

194 Explicit incorporation of the tumors in the FE models had diverse effects on the strain charac-
195 teristics of the affected regions. A minor change of less than 6% was observed in 8 out of 23
196 tumor-affected regions. In 9 (out of 23) regions, the difference in ϵ_1 exceeded 18%, reaching up to
197 74% in one femur. Similarly, in 11 regions ϵ_3 exceeded 21% difference. These results emphasize
198 the important role of lytic tumors on the biomechanical response.

199 3.4 Influence of DL Segmentation on the AFE Results

200 The integration of lytic tumor segmentation using DL into the Autonomous Finite Element
201 (AFE) pipeline was executed seamlessly. The AFE analysis was conducted twice for each patient
202 in our test cohort: once utilizing manual segmentation and once employing automated DL segmen-
203 tation. The computed average principal strains were then compared. Lytic tumors were assigned a
204 modulus of $E = 100 \text{ MPa}$, and the results were computed at a polynomial order of $p = 6$. The focus
205 was on variations in tumor-affected regions, as non-affected regions exhibited almost no differences
206 in strain values. The differences between manual and DL segmentation are summarized in Table 3.
207 Additionally, the reported Dice Similarity Coefficient (DSC) scores are presented based on voxels
208 segmented throughout the entire femur. Furthermore, the differences in tumor volume between
209 manual and DL segmentations are presented, specifically accounting for the tumor volume within
210 each region.

211 The results show an overall agreement between manual and automatic segmentations, with the
212 majority of cases exhibiting less than 20% difference. However, this agreement is not consistently
213 observed, as there are instances where a high Dice Similarity Coefficient (DSC) does not result in

214 a small difference in average principal strains between manual and DL segmentations. Also, no
215 direct correlation was found between variations in tumor volume (as segmented manually and by
216 DL) and differences in principal strains.

217 [Table 3 about here.]

218 The maximum DSC was 0.91 for Prosp7060 L and the minimum was 0 for Prosp7020 R,
219 ProspB10 L and both the left and right femurs of Prosp5050. A large difference in strains was
220 obtained in the right femur of Prosp 1120 between the DL and manual segmentations, despite a
221 high DSC value of 0.85 for the DL segmentation. The mesh for this femur, along with refinements
222 at the tumor and ϵ_1 are illustrated in Figure 3. A significant difference in ϵ_1 is evident; Figure 5
223 presents the principal strains on the bone's surface near the tumor (indicated by the blue region)
224 in the middle shaft of the Prosp1120 right femur. The DL algorithm did not segment the entire
225 tumor, leading to formation of "isolated islands" of assumed healthy bone tissue within the tumor
226 region. Consequently, as these "islands" exhibited low Hounsfield Unit (HU) values, indicating
227 "soft" tissue, the strains were large, resulting in a considerably larger averaged principal strain
228 (highlighted by red circles in Fig. 5). This artifact contributed to erroneously larger average
229 maximum principal strains compared to the manual segmentation. Conversely, a low DSC of 0.46
230 for Prosp7060 R at the trochanter region, resulted in only an 11% difference in ϵ_1 and virtually no
231 difference in ϵ_3 .

232 [Figure 5 about here.]

233 The histograms in Fig. 6 provide a visual representation of the differences in mean principal
234 strains between manual and DL segmentations. Each bar in the histogram was annotated with the
235 number of cases within that specific range of strain difference. For ϵ_1 , 18 out of the total 23 cases had
236 differences of less than $\pm 23\%$. For ϵ_3 , 19 out of the 23 had differences of less than $\pm 21\%$. Figure 7
237 displays a scatter plot of the average maximum principal strain in the tumor-affected regions for the
238 three different tumors representation methodologies. In 18 of the 23 locations, the no-segmentation
239 method yielded the smallest strains. The discrepancy between the segmentation methods and the
240 traditional no-segmentation approach (which disregards tumors) revealed differences between the
241 two methods.

242 [Figure 6 about here.]

244 4 Discussion

245 An automatic lytic tumor segmentation algorithm was integrated into the Autonomous Finite
246 Element (AFE) pipeline, and the resulting impact on average strains, serving as a surrogate for
247 fracture risk, was assessed across a cohort of 10 patients. The conventional AFE pipeline, which
248 categorizes tumors as 'soft bone tissues' based on their low Hounsfield Units (HUs), was com-
249 pared to the AFE pipeline following manual tumor segmentation by an analyst. Additionally,
250 the fully automatic AFE pipeline, incorporating tumor segmentation by DL, was included in the
251 comparative analysis.

252 Because the average principal strains in the bone tissue are the ones that determine the fracture
253 risk, strains in the tumors are of course of no interest and should be discarded. It was first
254 demonstrated that the very low Young's modulus suggested for the lytic tumors in [16] (0.003
255 MPa) which can result in ill-conditioned stiffness matrices, can be replaced by a Young modulus
256 Young's modulus of 100 MPa, with an influence on the average strains which is less than 3%.
257 A Young's modulus of 100 MPa for the lytic tumor is two orders of magnitude smaller than the
258 healthy cortical bone tissue. As expected, the low Young's modulus only influences the strains in
259 the close vicinity of the tumor, but not in the tumor-free locations.

260 The convergence analysis performed on the average maximum principal strains, ϵ_1 and ϵ_3 , in
261 tumor-affected femoral regions, offers key insights into the numerical accuracy of the results. A
262 relative difference between solutions at $p = 6$ and $p = 8$ smaller than 5% was considered as a
263 converged verified solution. This was the case for many regions, indicating successful convergence
264 already at $p = 6$. In few regions a larger difference was noticed, suggesting the need to use $p = 8$
265 solutions. Nevertheless, a recommendation is to use $p = 6$ as it offers satisfactory accuracy within
266 an acceptable computational time of a couple of hours on a desktop.

267 The influence of integrating manual tumor segmentation into the AFE pipeline was then evalu-
268 ated. Comparing the average maximum principal strains between the traditional method (tumors
269 are not specifically segmented and a trabecular-like Young's modulus is assigned as if it was a
270 bone tissue with a relatively low HU) and the new approach, showed generally an increase in the
271 absolute values of both ϵ_1 and ϵ_3 . The degree of this increase varied among patients and across
272 different femoral regions and tumor sizes. The analysis indicated that segmenting the tumor re-
273 sulted in a broad spectrum of effects on the strain characteristics within tumor-affected femoral
274 regions. These findings highlighted the influence of lytic tumors on the biomechanical response in
275 the affected femoral regions and advocated for the explicit representation of the tumors in the FE
276 models.

277 The histogram in Figure 6 represents the average max and min principal strain obtained by
278 the manual and DL segmentation methodologies. The differences in most of the cases were within
279 22% difference. Out of the five outliers, three were the result of a DSC of 0. For example, in
280 the Proximal Shaft and Middle Shaft of ProspB10 left femur, a significant difference was noticed
281 between the manual and DL segmentation methodologies. The DSC for this femur was 0, i.e. the

282 manual segmentation did not identify any tumor whereas the DL algorithm erroneously segmented
283 a tumor (False-Positive occurrences). This erroneous identification of a tumor had a large impact
284 with strain difference of 49% for the middle shaft region. This phenomenon, however, was not
285 detected in other femoral regions.

286 4.1 Conclusions

287 In most cases the results obtained using manual segmentation are close to these obtained by
288 the automatic DL segmentation, except for several outliers, implying the possible use of the later
289 in an automatic finite element algorithm. Nonetheless, high DSC scores for the DL algorithm or
290 a small difference in tumor size do not guarantee small differences in strains. This implies that
291 minor alterations at the tumor boundaries may lead to shifts in fracture risk assessment.

292 4.2 Limitations and Future Required Research

293 Several limitations in our study may be addressed by future required research activity:

- 294 – A limited cohort size for the test dataset was considered, which might not capture the full range
295 of variability present in a larger population.
- 296 – Our analysis was confined to a single loading condition, potentially limiting the comprehensive-
297 ness of the biomechanical insights derived.
- 298 – **The main focus in this work is on lytic tumors. The findings might not be directly applicable**
299 **to other tumor types or pathologies.** Mixed and blastic tumors impact on the AFE results
300 are planned to be investigated.
- 301 – The implications of our results will be validated in a follow-up publication by clinical ob-
302 servations. Specifically, the results will be cross-referenced with actual patients who have
303 experienced femur fractures due to tumors. A similar study as in [3] is warranted to deter-
304 mine whether explicit segmentation of tumors may better predict patients at high risk of a
305 pathological fracture.
- 306 – Mesh refinement in the tumor region may be optimized by employing two distinct meshes for
307 the healthy bone tissue and tumor and low polynomial degrees could be used for the shape
308 functions in the elements in the tumor region.
- 309 – The medullary cavity is represented in Simfani as a soft bone tissue known to have a minor
310 effect on the biomechanical response in healthy femurs. The impact of such a representation
311 on the biomechanical response should be re-evaluated for femurs with lytic tumors.

312 Acknowledgements

313 OR, ZY and AS acknowledge the support of this research by the Israel Ministry of Science and
314 Technology under the Tenth Call of Israel-Italy Scientific collaboration.

315 References

- 316 [1] Z. Yosibash, K. Myers, N. Trabelsi, and A. Sternheim. Autonomous FEs (AFE) - A stride
317 toward personalized medicine. *Comp. Math. App.*, 80:2417–2432, 2020.
- 318 [2] O. Rachmil, M. Artzi, M. Iluz, I. Druckmann, O. Merose, Z. Yosibash, and A. Sternheim.
319 Autonomous finite element analyses of femurs with metastatic tumors. Part I - Segmentation
320 of femoral tumors by nnU-Net. Submitted for Publication, 2023.
- 321 [3] A. Sternheim, O. Giladi, Y. Gortzak, M. Drexler, M. Salai, N. Trabelsi, C. Milgrom, and
322 Z. Yosibash. Pathological fracture risk assessment in patients with femoral metastases using
323 CT-based finite element methods. A retrospective clinical study. *Bone*, 110:215–220, 2018.
- 324 [4] A. Sternheim, F. Traub, N. Trabelsi, S. Dadia, Y. Gortzak, N. Snir, M. Gorfine, and Z. Yosi-
325 bash. When and where do patients with bone metastases actually break their femurs? A
326 CT-based finite element analysis. *Bone & Joint Jour*, 102B(5):638–645, 2020.
- 327 [5] JH Keyak, TS Kaneko, J Tehranzadeh, and HB Skinner. Predicting proximal femoral strength
328 using structural engineering models. *Clinical Orthopaedics and Related Research*, 437:219–228,
329 August 2005.
- 330 [6] J.H. Keyak, T.S. Kaneko, S.A. Rossi, M.R. Pejcic, J. Tehranzadeh, and H.B. Skinner. Predict-
331 ing the strength of femoral shafts with and without metastatic lesions. *Clinical Orthopaedics*
332 *and Related Research*, pages 161–170, 2005. 2005b.
- 333 [7] E. Benca, A. Synek, M. Amini, F. Kainberger, L. Hirtler, R. Windhager, W. Mayr, and D.H.
334 Pahr. Qct-based finite element prediction of pathologic fractures in proximal femora with
335 metastatic lesions. *Sci. Rep.*, 9:1–9, 2019.
- 336 [8] J.R. Goodheart, R.J. Cleary, T.A. Damron, and K.A. Mann. Simulating activities of daily
337 living with finite element analysis improves fracture prediction for patients with metastatic
338 femoral lesions. *J. Orthop. Res.*, 33:1226–1234, 2015.
- 339 [9] O Ronneberger, P Fischer, and T Brox. U-Net: Convolutional networks for biomedical image
340 segmentation. In N Navab, J Hornegger, WM Wells, and AF Frangi, editors, *Medical Image*
341 *Computing and Computer-Assisted Intervention – MICCAI 2015*, pages 234–241. Springer
342 International Publishing, 2015.
- 343 [10] TS Kaneko, JS Bell, MR Pejcic, J Tehranzadeh, and JH Keyak. Mechanical properties, density
344 and quantitative ct scan data of trabecular bone with and without metastases. *J Biomech*,
345 37(4):523–530, Apr 2004.
- 346 [11] Z. Yosibash, Y. Katz, N. Trabelsi, and A. Sternheim. Femurs segmentation by machine learn-
347 ing from CT scans combined with autonomous finite elements in orthopedic and endocrinology
348 applications. *Comp. Math. Appl.*, 2023. In Print.
- 349 [12] L. Peng, J. Bai, Z. Zeng, and Y. Zhou. Comparison of isotropic and orthotropic material
350 property assignments on femoral finite element models under two loading conditions. *Med.*
351 *Eng. Phys.*, 28:227–233, 2006.

- 352 [13] H. Yang, X. Ma, and T. Guo. Some factors that affect the comparison between isotropic
353 and orthotropic inhomogeneous finite element material models of femur. *Med. Eng. Phys.*,
354 32:553–560, 2010.
- 355 [14] N. Trabelsi and Z. Yosibash. Patient-specific fe analyses of the proximal femur with orthotropic
356 material properties validated by experiments. *ASME J. Biomech. Eng.*, 155:061001–1–061001–
357 11, 2011.
- 358 [15] Z. Yosibash, R. Plitman Mayo, G. Dahan, N. Trabelsi, G. Amir, and C. Milgrom. Predicting
359 the stiffness and strength of human femurs with realistic metastatic tumors. *Bone*, 69:180–190,
360 2014.
- 361 [16] C.M. Whyne, S.S. Hu, K.L. Workman, and J.C. Lotz. Biphasic material properties of lytic
362 bone metastases. *Annals of Biomedical Engineering*, 28:1154–1158, 2000.
- 363 [17] G. Bergmann. OrthoLoad Database. <http://www.OrthoLoad.com>, 2008.

378

[Table 5 about here.]

379

[Figure 13 about here.]

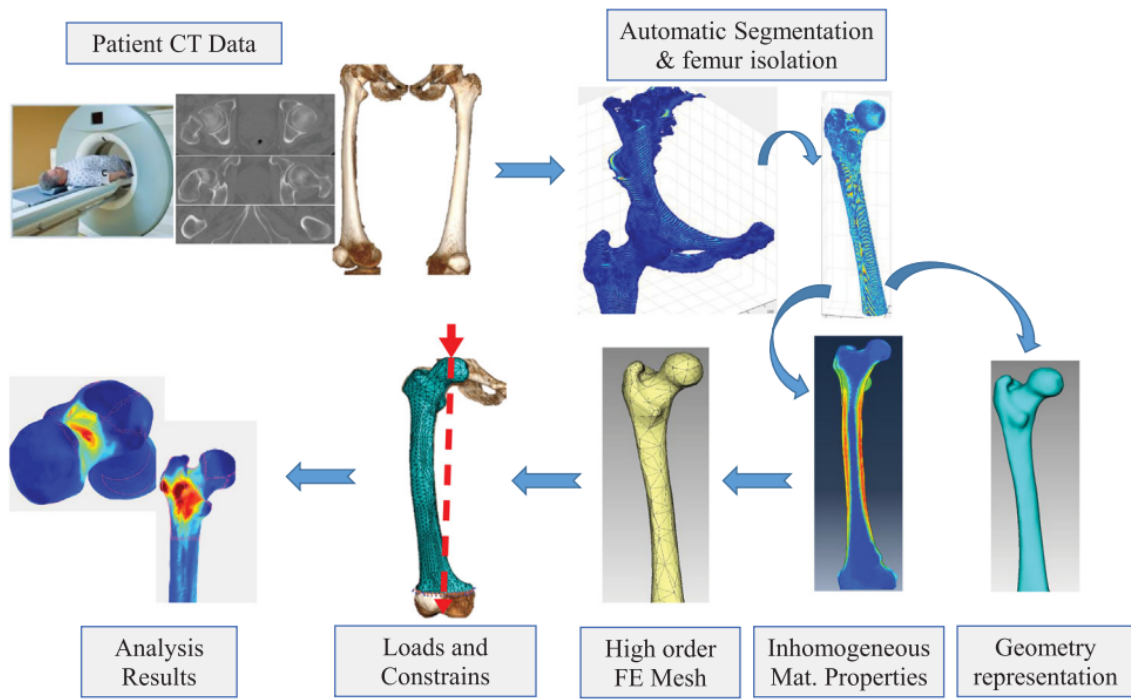


Figure 1 Illustration depicting the distinct components of Simfni (from [1].)

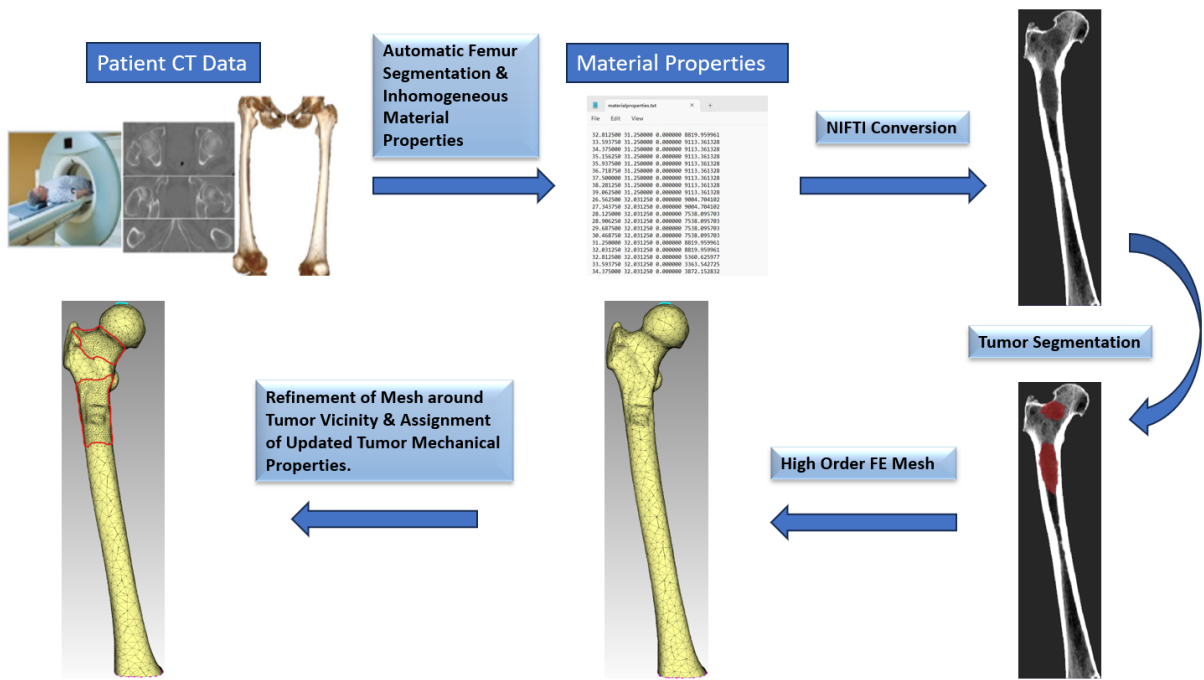


Figure 2 Mesh generation and refinement workflow.

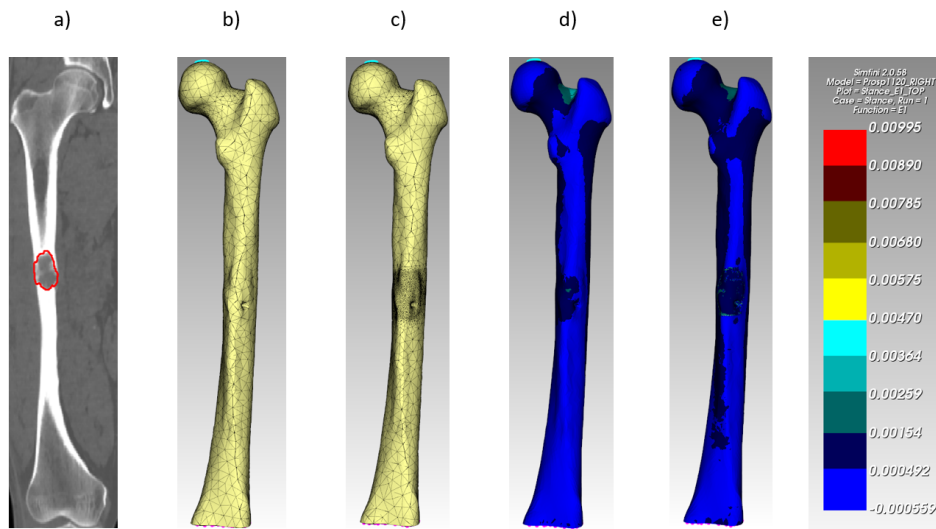


Figure 3 Prosp1120's right femur. (a) Displays the bone in the CT scan with delineated tumor around the middle shaft as observed by the analyst (marked by a red polygonal boundary). (b) + (c) Presents the p-mesh, with and without local refinement around the tumor in the middle shaft region. (d) shows the map of ϵ_1 principal strain on the original mesh while (e) shows it on the refined mesh. $E = 100MPa$ was used.

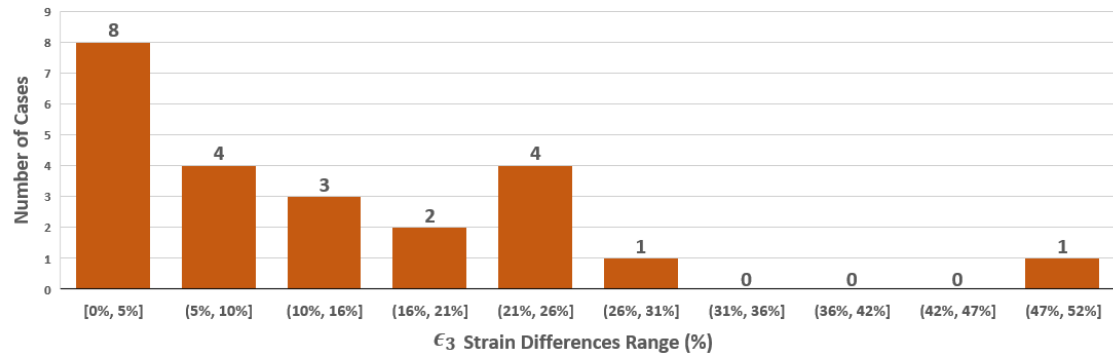
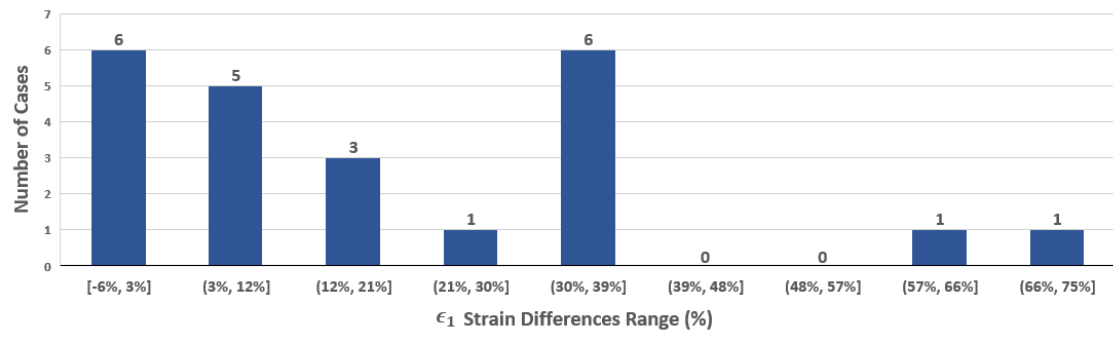


Figure 4 Histogram of average principal strain differences between traditional and manual tumor segmented FE models. Top: ϵ_1 , Bottom: ϵ_3 .

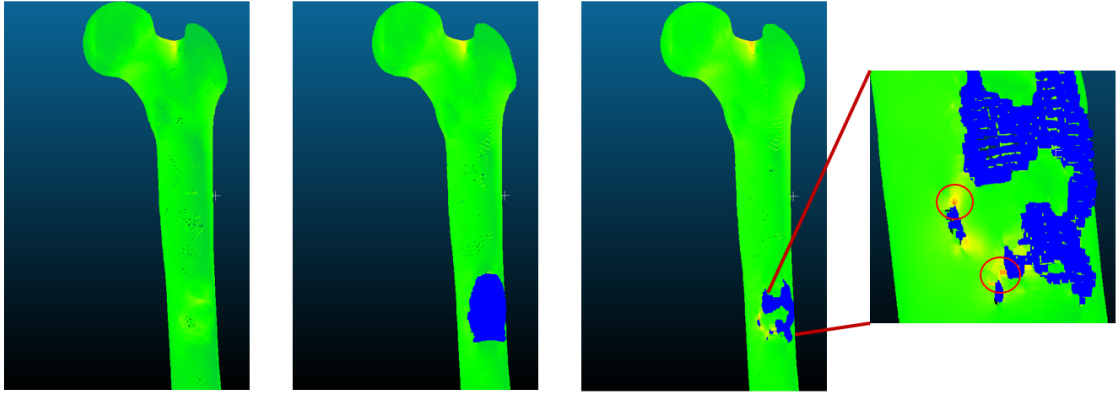


Figure 5 Principal strains ϵ_1 for Prosp1120. Left: No segmentation of tumor, Middle: Manually segmented tumor, Right: DL segmented tumor with zoom-in on the infected tumor area.

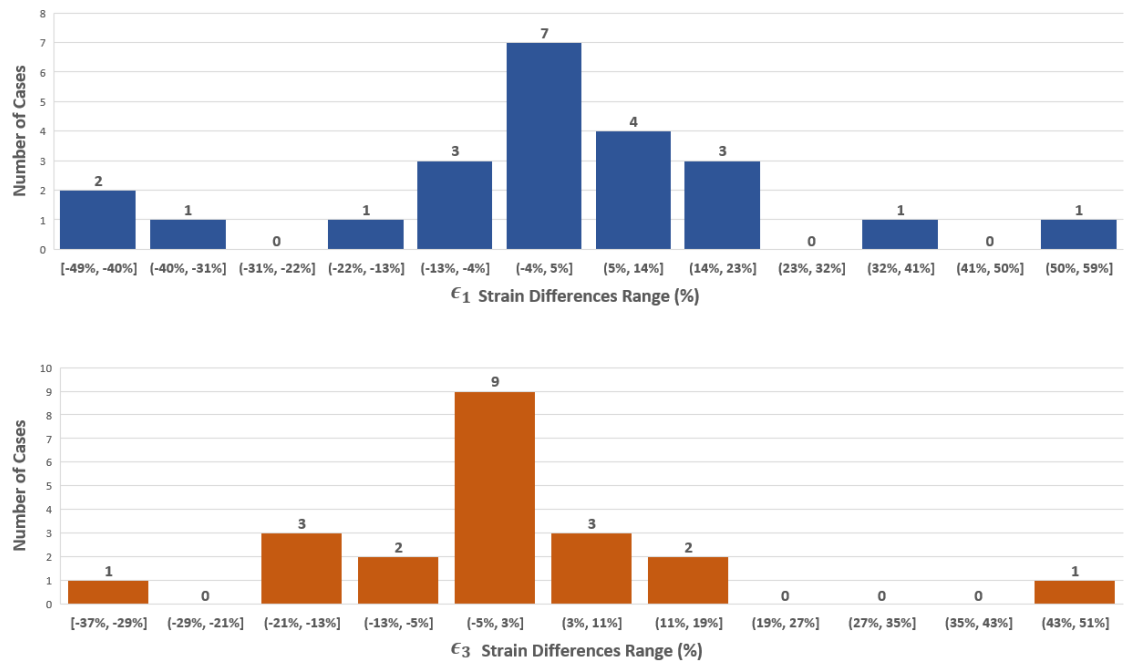


Figure 6 Histogram illustrating differences in computed average maximum principal strains (ϵ_1 and ϵ_3) between manual and DL automatic tumor segmentation. Top: ϵ_1 , Bottom: ϵ_3 .

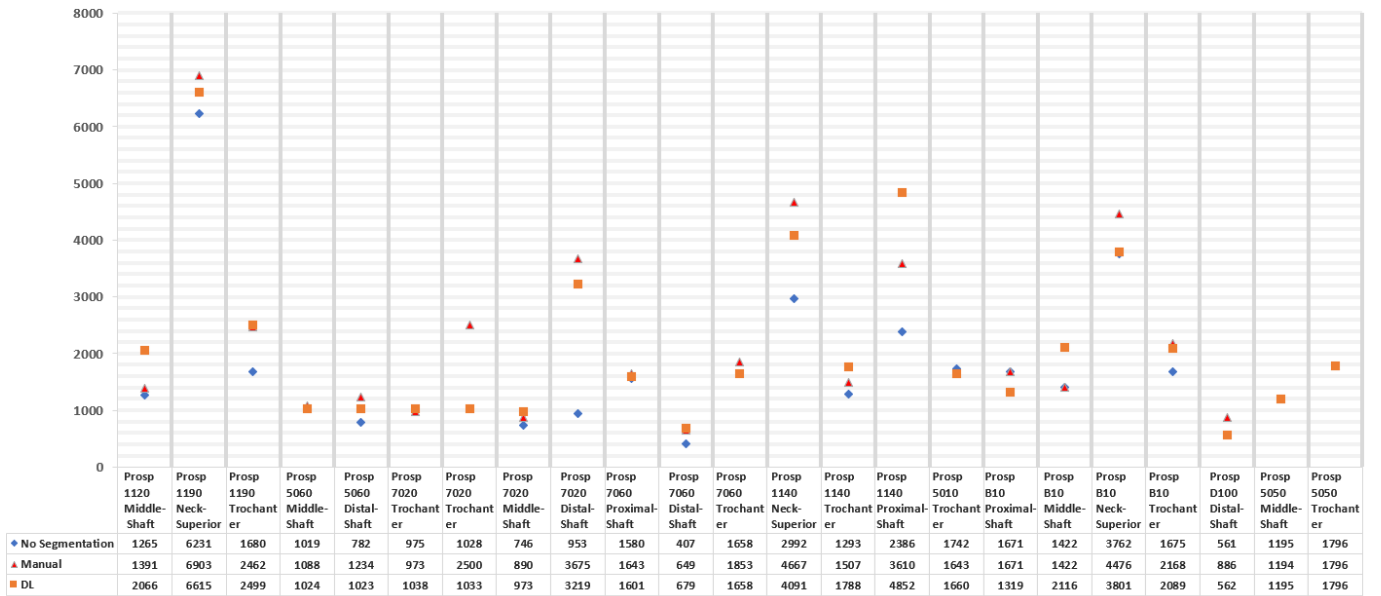


Figure 7 Scatter plot of the maximum average ϵ_1 for three tumor segmentation strategies (no-segmentation, manual, and DL) in all femoral regions affected by tumors. Each region is delineated by a thick horizontal line, dividing the plot into distinct columns. The table below provides the calculated strains for each method per region, alongside a legend for a clearer interpretation of the graph.

403 **List of Tables**

404	1	Comparison of average maximum principal strains (Compression and Tension) for	
405		varying E at different polynomial orders (p) in the middle shaft of the right femur	
406		of patient Prosp1120.	31
407	2	Difference in the average principal strain at tumor-affected femoral regions between	
408		Traditional (T), i.e. no segmentation of tumors, and manual tumor segmentation	
409		(MS) FE models. FE solutions at $p = 6$ were used.	32
410	3	Comparison of Average Principal Strains, Tumor Volumes, and Dice Similarity Co-	
411		efficients (DSC) in Tumor-Affected Femoral Regions between Manual Tumor Seg-	
412		mentation (MS) and Automatic Tumor Segmentation by DL. Finite Element (FE)	
413		solutions at $p = 6$ were utilized for the analysis.	33
414	4	Average maximum principal strain ϵ_1 as a function of p	34
415	5	Average minimum principal strain ϵ_3 as a function of p	35

Table 1 Comparison of average maximum principal strains (Compression and Tension) for varying E at different polynomial orders (p) in the middle shaft of the right femur of patient Prosp1120.

E (MPa)	Tension (ϵ_1) [μ Strain]			Compression (ϵ_3) [μ Strain]		
	p=6	p=7	p=8	p=6	p=7	p=8
100	1391	1397	1400	-3705	-3716	-3729
50	1400	1406	1409	-3753	-3764	-3779
1	1410	1417	1420	-3805	-3821	-3838
0.003	1411	1418	1422	-3808	-3828	-3859

Table 2 Difference in the average principal strain at tumor-affected femoral regions between Traditional (T), i.e. no segmentation of tumors, and manual tumor segmentation (MS) FE models. FE solutions at $p = 6$ were used.

Femur #	Region	Tumor Vol. (cm ³)	ϵ_1		Diff ϵ_1 (%)	ϵ_3		Diff ϵ_3 (%)
			T	MS		T	MS	
Prosp5010 R	Trochanter	5.9	1742	1643	-6.0	-2836	-2924	3.0
Prosp7060 L	Distal Shaft	49.3	407	649	37.0	-1032	-1210	14.7
Prosp7060 L	Proximal Shaft	71.8	1580	1643	4.0	-2681	-2902	7.6
Prosp5060 L	Middle Shaft	6.3	1019	1088	6.0	-1769	-2053	13.8
Prosp5060 L	Distal Shaft	25.5	782	1234	37.0	-1761	-2387	26.2
Prosp1120 R	Middle Shaft	21.5	1265	1391	9.0	-3485	-3705	5.9
Prosp1140 R	Trochanter	10.0	1293	1507	14.0	-3935	-4851	18.8
Prosp1140 R	Proximal Shaft	29.8	2386	3610	34.0	-6932	-9078	23.6
Prosp1140 R	Neck Superior	15.2	2992	4667	36.0	-2687	-3615	25.6
Prosp1190 L	Neck Superior	11.3	6231	6903	10.0	-4889	-6931	29.4
Prosp5050 R	Trochanter	0.3	1796	1796	0.0	-2941	-2941	0.0
Prosp7020 R	Middle Shaft	102.2	746	890	16.0	-1600	-2030	21.1
Prosp7020 R	Distal Shaft	30.9	953	3675	74.0	-2228	-4668	52.2
Prosp7020 R	Trochanter	12.4	1028	2500	59.0	-1699	-1784	4.7
Prosp5050 L	Middle Shaft	1.7	1195	1194	0.0	-1616	-1616	0.0
Prosp1190 R	Trochanter	14.9	1680	2462	32.0	-2586	-2969	12.9
Prosp7020 L	Trochanter	18.8	975	973	0.0	-1582	-1582	0.0
ProspB10 R	Neck Superior	8.1	3762	4476	16.0	-4270	-4690	8.9
ProspB10 R	Trochanter	35.8	1675	2168	23.0	-3296	-3661	9.9
ProspD100 L	Distal Shaft	15.3	561	886	37.0	-1074	-1292	16.8
Prosp7060 R	Trochanter	2.7	1658	1853	11.0	-2768	-2779	0.3
ProspB10 L	Proximal Shaft	0	1671	1671	0.0	-2652	-2652	0.0
ProspB10 L	Middle Shaft	0	1422	1422	0.0	-1893	-1893	0.0

Table 3 Comparison of Average Principal Strains, Tumor Volumes, and Dice Similarity Coefficients (DSC) in Tumor-Affected Femoral Regions between Manual Tumor Segmentation (MS) and Automatic Tumor Segmentation by DL. Finite Element (FE) solutions at $p = 6$ were utilized for the analysis.

Femur#	Region	DSC	Tumor Vol. Diff (cm ³)	ϵ_1		Diff ϵ_1 (%)	ϵ_3		Diff ϵ_3 (%)
				DL	MS		DL	MS	
Prosp5010 R	Trochanter	0.88	-0.1	1660	1643	-1	-2956	-2924	-1
Prosp7060 L	Distal Shaft	0.87	11.1	679	649	-5	-2814	-2902	3
Prosp7060 L	Proximal Shaft	0.87	13.7	1601	1643	3	-1460	-1210	-21
Prosp5060 L	Middle Shaft	0.85	-0.9	1024	1088	6	-1993	-2053	3
Prosp5060 L	Distal Shaft	0.85	-3.7	1023	1234	17	-2132	-2387	11
Prosp1120 R	Middle Shaft	0.85	3.3	2066	1391	-49	-5065	-3705	-37
Prosp1140 R	Trochanter	0.84	0.7	1788	1507	-19	-3279	-3615	9
Prosp1140 R	Proximal Shaft	0.84	1.6	4852	3610	-34	-5462	-4851	-13
Prosp1140 R	Neck Superior	0.84	0.6	4091	4667	12	-8807	-9078	3
Prosp1190 L	Neck Superior	0.84	2.31	6615	6903	4	-6756	-6931	3
Prosp5050 R	Trochanter	0.83	0.1	1796	1796	0	-2941	-2941	0
Prosp7020 R	Middle Shaft	0.75	1.9	973	890	-9	-1717	-1784	4
Prosp7020 R	Distal Shaft	0.75	3.2	3219	3675	12	-2131	-2030	-5
Prosp7020 R	Trochanter	0.75	20.5	1033	2500	59	-4071	-4668	13
Prosp5050 L	Middle Shaft	0.71	0.4	1195	1194	0	-1616	-1616	0
Prosp1190 R	Trochanter	0.67	-2.3	2499	2462	-2	-3034	-2969	-2
Prosp7020 L	Trochanter	0.65	-15.0	1038	973	-7	-1607	-1582	-2
ProspB10 R	Neck Superior	0.62	-14.2	3801	4476	15	-5624	-4690	-20
ProspB10 R	Trochanter	0.62	-20.8	2089	2168	4	-3557	-3661	3
ProspD100 L	Distal Shaft	0.52	7.3	562	886	37	-1090	-1292	16
Prosp7060 R	Trochanter	0.46	-0.8	1658	1853	11	-2768	-2779	0
ProspB10 L	Proximal Shaft	0	-16.8	1319	1671	21	-1474	-2652	44
ProspB10 L	Middle Shaft	0	-39.7	2116	1422	-49	-2177	-1893	-15